Heart failure is one of the most common reasons for hospital stays in the United States. The good news is that many of these hospital stays can be prevented.

In the past, plans to improve care for heart failure and to lower the number of hospital stays have not been used as much as they should. A new trial called CONNECT-HF aims to fix that.

Why improve care for heart failure?

Heart failure is the #1 cause of hospital stays in people older than age 65.

Heart failure affects nearly 5.7 million adults in the United States. About 400,000 to 700,000 people find out they have heart failure each year. That's a lot of people.

1 in 4 patients in the hospital due to heart failure are in the hospital again within 30 days.

The United States faces $30 billion each year in costs for heart failure care, including healthcare services, medications, and missed work.

Heart failure is part of the reason for 1 in 9 deaths in America.

The more times a patient stays in the hospital because of heart failure, the greater their risk is of dying from heart failure.

Even though it affects many people, heart failure is often mistaken for other conditions, causing some patients to get an incorrect diagnosis.

Knowing the best way to manage care for people with heart failure may help them live longer or with fewer limitations on everyday life.